



Did you know?

...frailty, defined as an impairment in mobility, cognition, nutrition, and/or physical activity is highly prevalent in patients with IBD aged ≥ 65 years and is associated with a lower quality of life?¹



I have heard that mental health, malnutrition and our activities of daily living may impact our quality of life.¹ Is this true?

Doctor F, why are we here today?

Thank you for coming. Yes, you are here because we would like to evaluate your levels of frailty. Recent findings have shown that IBD patients aged ≥ 65 years with active disease are more prone to frailty and this may lead to reduced quality of life. I will now assess your level of frailty by evaluating your functional ability, physical and mental health, and concomitant medications used for other pathologies. This could help us to improve your symptom burden and to reduce negative health outcomes.¹



IBD: Inflammatory bowel disease

1. Asscher VER et al. Clin Gastro and Hepato 2022; 20: e1006-e1021.