



Did you know?



...self-discontinuation of mesalazine may contribute to adverse pregnancy outcomes in UC patients?¹

Doctor F, some of our UC patients do not remain on their medication during the first trimester of pregnancy, particularly when they are under mesalazine treatment.¹ What problems could this cause and how can we avoid it?

Thank you for your question. This is indeed an aspect underestimated by many physicians. Study data suggests that non-adherence to mesalazine could contribute not only to disease flares but also to adverse pregnancy outcomes, including preterm birth and spontaneous abortion.¹

Educating our patients and providing information about safety of medications and risk of self-discontinuation during pregnancy is very important!^{1,2}

UC: Ulcerative colitis

1. Watanabe C et al. Digestive Diseases and Sciences 2021; 66(2): 1-10.
2. Flanagan E et al. Inflammatory Bowel Diseases 2021; 27: 1909-1918

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