

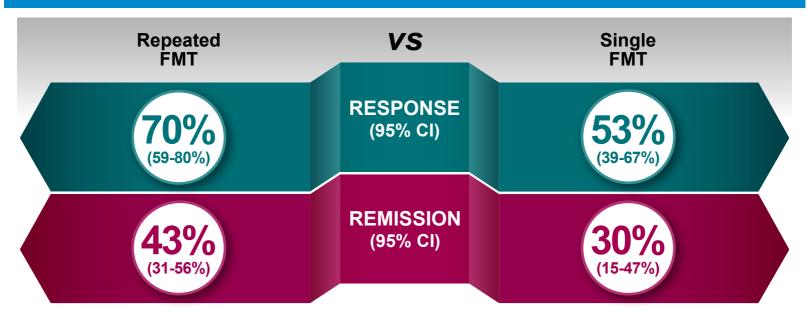
## **IBD SPOTLIGHT**



## Did you know?

...that repeated faecal microbial transfer (FMT) is linked to improved IBD outcomes?

A systematic review and meta-analysis revealed that pooled response and remission rates were more favourable for patients receiving repeated FMT regimens than single FMT<sup>1</sup>



28 articles (6 RCTs, 20 cohort trials, 2 case series) containing 976 patients were identified

The clinical improvements of repeated FMT were associated with increases in anaerobic bacteria that generate beneficial anti-inflammatory metabolites<sup>1</sup>

CI: confidence interval; FMT: faecal microbial transfer; RCT: randomised controlled trial

1. Mocanu V et al. J Clin Med 2021;10:959

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